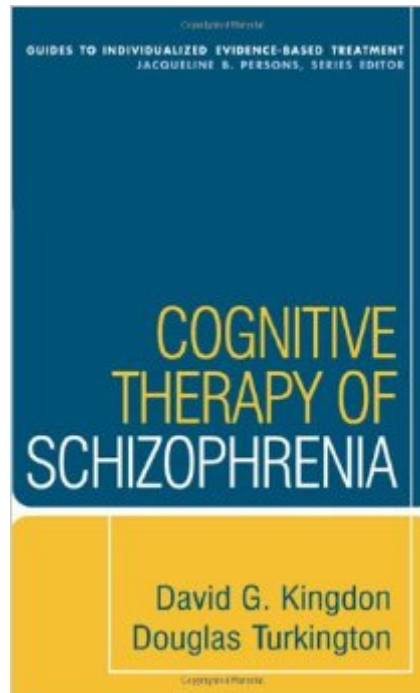


The book was found

# Cognitive Therapy Of Schizophrenia (Guides To Individualized Evidence-Based Treatment)



## Synopsis

Drawing on the authors' decades of influential work in the field, this highly practical volume presents an evidence-based cognitive therapy approach for clients with schizophrenia. Guidelines are provided for collaborative assessment and case formulation that enable the clinician to build a strong therapeutic relationship, establish reasonable goals, and tailor treatment to each client's needs. Described in thorough, step-by-step detail are effective techniques for working with delusional beliefs, voices, visions, thought disorders, and negative symptoms; integrating cognitive therapy with other forms of treatment; reducing relapse risks; and enhancing client motivation. Special features include reproducible client handouts and assessment tools.

## Book Information

Series: Guides to Individualized Evidence-Based Treatment

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #311,511 in Books (See Top 100 in Books) #72 in [Books > Health, Fitness & Dieting > Mental Health > Schizophrenia](#) #134 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Psychiatric](#) #175 in [Books > Medical Books > Nursing > Psychiatry & Mental Health](#)

## Customer Reviews

I have been working with the chronic mentally ill for over 25 years. I was also utilizing my own form of cognitive therapy with schizophrenia prior to books like this one appearing. I would highly recommend this book to anyone working in the field. It is a practical and concise work to apply to one's therapy and dealings with such a serious cognitive disorder. The clinicians in England are making a difference in applying cognitive therapy or REBT with patients. It stands on all of our desks at the hospital. Anthony Papania, Psy.D., Licensed Psychologist; Office of Mental Health, NYS.

Wonderful and very useful book! I think it will be useful not only when working with people suffering

from schizophrenia, but when working with other mental disorders. In this book there are a lot of good examples and tips! Many thanks to the authors!

An excellent source of information for any professional working with patients living with schizophrenia, emphasizing the importance of therapy for this population in adjunct to medical treatment. Various symptoms and their therapeutic management are discussed in an effective way, simplifying the underlying concepts for practical implementation. The importance of an individualized approach to patients in therapy is highlighted with hope for understanding each individual's personal journey and experience of the psychotic symptoms and adjustment to it. An important reading for anyone working with individuals with schizophrenia.

It is easy to read. Got some new insights on how to handle conversations with psychotic patients, as well as negotiating about medications. It has some useful handouts for patients at the end. I wish it had more examples of interactions though. But I got an idea.

I assist individuals with schizophrenia and each person differs in degrees of insight, this book has helped me understand some of the difficulties or barriers that this disease presents. I have been able to write more effective treatment plans and assist with establishing successful goals, achievable and satisfying for the consumer. As far as service for receiving the book, it was a bit slow.

Browsing through this book, it seems to be very useful in my practice. I intend to use a lot of the techniques I have read about so far. Thanks!

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